Mental Health & Illness and Its Relationship to Artistic Creativity

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Poster Abstract

This proposed poster will explore how creativity and mental health & illness relate to each other. Recent literature will be summarized and examples from the art disciplines will be given. Both, the artistic reflection of mental health & illness as well as work by artists with varying degrees of mental health & illness will be explored. The goal of the poster, which will be accompanied by audio and video examples on a laptop, is to encourage conference participants to recognize and discuss creativity on the broad spectrum of mental health to mental illness.